WARMINSTER AREA KEEP WELL

HEALTH AND WELLBEING WARMINSTER – ATTENDEE PACK

You are respectfully asked to read this briefing pack prior to the meeting to allow maximum time for the sharing of ideas and making decisions at the Trustee meeting.

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WARMINSTER AREA KEEP WELL

HEALTH AND WELLBEING WARMINSTER - FORUM Agenda

Meeting on Wednesday 24th June 2026 from 1200 hours – room to be advised on arrival (meeting to last no longer than two hours) – light refreshments will be provided. Overflow parking is available in the Minster overflow car park – thanks to the River Were Benefice Office

Attendees are asked to allow sufficient time to sign in at Reception before being accompanied to the venue

We continue to alternate meeting formats and the theme for this June meeting is "Staying Independent". Please think about how you and/or your group helps people towards this goal and be prepared to share ideas within the group.

1. **12.00** **Welcome and introductions (DG)**

2. **12.10** **Actions Arising (DR) and update on Mobile BSS (DR and LL)**

3. **12.20** **Independent Living Centre (ILC) –** The ILC offer frees and impartial advice to people of any age with a disability or long-term health, condition in Wiltshire Bath and North East Somerset. Chantelle Mead will update us on how they can help people to stay independent.

4. **12.50** **30-minute comfort and networking break**

5. **13.20** **The Fudge Trust – The Ernest and Marjorie Fudge Trust** for Warminster proudly serves the people of "Warminster and the surrounding area". They make grants to individuals and organisations who apply for help and, in the judgment of the Trustees, meet their confidential criteria. Fran Pearson *(provisional speaker)*

7. **13.35** **Group discussion on today's theme "Staying Independent"** (All)

8. **13.55** **Any Other Business**

Date of next Forum: Wednesday 23rd September 2026

Dates of future meetings –				
2026	**HWB Forum**	**Trustee Meetings**	**Area Board**	**Other**
July		Thu 30th	Thu 2nd	
August				
September	Wed 23rd			
October				
November		Thu 19th	Thu 19th	
December	Wed 16th			
2027				
January				
February		Thu 11th		
March	Wed 31st Inc. AGM		Thu 18th	

WARMINSTER AREA KEEP WELL

HEALTH AND WELLBEING WARMINSTER FORUM
Notes of Meeting – Wednesday 8 April 2026 Noon
The St Boniface Hall, Warminster School

Present: Speakers have a * against their name.

Deborah Gogarty (DG) – Chair	David Reeves (DR) – Secretary and HWB Trustee
Marion Barton (MB) –Open Door and HWB Trustee	Lisa Cook (LC) – Warminster School
Nic Bailey (NB) – Independent Lives	Katrina Watson (KW) – Dorothy House
Caroline Pugh (CP) - Friends of Warminster Hospital	Ann Merrills (AM) –Independent Member and Trustee
Martin Randall (MR) – Independent	Lindsey Death (LD) - Wessex Rivers Trust *
Sarah Burgess (SaB) – Avenue Surgery Social Prescriber	Melanie Grace (MG) – Scottish and Southern Electricity Network
Rebecca Seymour (RS) – Celebrating Age/Age UK Wiltshire *	Jenny Crossley (JC) – National Energy Action and HWB Trustee
Rebecca Krzyosiak (RK) – Sustainable Warminster	Julia Upton (JU) – Warminster Library
Liz Lee (LL) – Warminster Town Council	Julia Haes (JH) – Friends of Warminster Hospital
Caroline LeQuesne (CLeQ) – Wiltshire Council	Fiona Bloom (FB) – HCRG Living Well Team
Steve Kervell (SK) – Warminster and Westbury Visually Impaired Club	Vicky Ellis (VE) – Wiltshire Children Community Service
Apologies from: Alan Goldsworthy (AG) – Independent member; Chantelle Mead (CM) – Independent Living Centre; Janet Marshall (JaM) – Warminster and Westbury Visually Impaired Club; Jonathan Aldridge-Mansfield (JoM) – Beyond Dementia; Jan Billinge (JB) – Independent; Tina Biggs (TB) – HCRG Care Group; Lucy Brown (LB) – Wiltshire Sight; Kate Brooks (KB) – Age UK Wiltshire; Lucy Steel (LS) – Wiltshire Council; Sheelagh Wurr (SW)- Warminster Churches Together and Salisbury Shakers; Sallie Boyd (SlB) – Adult Community Team West – Wiltshire Council; Liam Cripps (LC) – Wiltshire Council; Sarah Folker (SF) – Wessex MS Centre; Zanne St John Marchmont (ZM) – We Are Men; Tanya Ratcliffe (TR) – Prevention and Wellbeing Team Officer	

1	**Welcome and Introduction – Deborah Gogarty (DG)** On an unseasonably warm April day, DG was heartened to see so many members in attendance. She particularly welcomed new members and reiterated our main aims of encouraging collaboration between groups and service providers; enabling those needing help and support to know about those organisations available to meet that need; and to act on specific issues on behalf of the Warminster community. After brief introductions, DG encouraged attendees to take the opportunity to network with those present to make connections and to share information.	**Action**
2.	**Actions Arising and other updates– Dave Reeves (DR)** DR advised that there were no specific actions from the last meeting, but he provided updates on some of issues in the pre-meeting pack. He added that the website should now be the primary source of information for both members and the wider public. Work on the 16th of May Health Fair was near completion with 43 confirmed exhibitors and the HWB booklet in final draft. The focus now turns to promoting and advertising the event and DR offered A4 and A5 hard copies of the posters and encouraged all members to help promote the event on their own social media using the promotional images on our website. https://healthwellbeingwarminster.org.uk/hw_fair_2026/ Thirty months after the closure of Boots Avenue pharmacy, DR reported that the temporary pharmacy on Broadway opened the day previously (7th April). While not the final structure, he said that this was a welcome step towards restoring pharmacy capability within the town.	**All members**

	Finally, DR and LL had been invited onto the Radio Bristol breakfast show the previous week to speak on the relocation of the mobile breast screening unit. LL and the Town Council were now drafting a formal letter of complaint on the refusal of the Breast Screening Unit to engage on the matter and DR said he was still awaiting a response to his Freedom of Information question.	
3.	**<u>Annual General Meeting</u>** DG gave a succinct Chair Statement beginning with the change of name of the group to reflect our wider remit and activities. Membership numbers remained buoyant at over 70, DG listed the impressive variety of topics covered at the quarterly meeting and thanked those who had presented during the year. She described the mutual benefits of positive engagement with the two Councils, the successful delivery of the new HWB Warminster website, the progress on the third pharmacy, and the petition on mobile breast screening and thanked the Trustees for their hard work in the past year. The Treasurer's Statement showed the usual tight finances as, traditionally, we tend to fund projects from specific Council grants rather than carry a reserve. DR explained that the HWB Warminster Trustees had considered moving to a full charitable status which would offer greater funding opportunities but also impose a greater administrative burden. Pragmatically, HWB Warminster efficiently carries out activities - and produces deliverables – that, arguably, should be the two Councils' remit. The Trustees will be looking specifically at resilience, financial and otherwise, in the coming year and DR was confident that HWB Warminster remains financially viable. DG informed the meeting that there are currently five Trustees with the constitution allowing up to ten, thus not requiring a membership vote. DR said that all five existing Trustees had agreed to stand again – Deborah Gogarty; Ann Merrills; Marion Barton; Jeny Crossley; and David Reeves. They were joined by Liz Lee and DR advised that they meet to elect the various officers after the meeting. **[Post-meeting note: DG was re-elected Chair; and DR was re-elected Secretary/Treasurer. Dates of the next Trustee meetings were agreed.]**	
4.	**<u>Our Healthy Headwaters – Lindsey Death (LD) - Engagement Officer at Wessex Rivers Trust and Forest Bathing</u>** LD gave an interesting and engaging presentation focusing on protecting the headwaters of the Avon (Salisbury) river, in which Warminster is the largest area of population. Her slide pack is attached to these notes. LD suggested what we – as individuals and communities - can do. Some of these are already in the public consciousness like saving water and avoiding drain blockages. But others were less so, like the chemicals we all use to clean and "refresh" our homes and common pet flea medications. All these have a significant, and often fatal, effect on life in our rivers and many of these chemicals are bad for us too, but this is rarely highlighted by producers and seldom considered by consumers. LD recommended the use of a site like Yuka, a mobile app designed to show the potential harm of a product and to suggest less damaging alternatives. She also advocated the use of retailers who refill customer containers rather than sell a new bottle or jar. LD concluded that changing peoples' habits would not be a quick process but expressed optimism that, given the proportion who claim to care about river quality, change would hopefully happen over time. Attendees expressed surprise at the impact of these chemicals which some believed would have been extracted or neutralised in wastewater processing. LD confirmed that there is no national campaign to clean up rivers, but that Wessex Water is also active in	

	this regard. JC suggested engaging the canal boat and river user communities, both as being reliant on the rivers and in examining their practices. DG thanked LD for sharing this information that was important for members organisations as well as individuals promoting health and wellbeing.	
5.	**Comfort Break** Attendees took advantage of the opportunity to network over tea/coffee and biscuits. Thanks to LC and to Warminster School for their continuing hospitality.	
6.	**Members Feedback Opportunity- Dave Reeves (DR)** DR led an open discussion on how members feel about the group, its direction and the content of the meetings. CLeQ described how all the Wiltshire towns have a similar group, but they are often led by elected Councillors or by Wiltshire Council staff. Although a relatively new member, LD said that she had already made valuable connections through the group; KW agreed that this was valuable in her role at Dorothy House. LC said that she had been surprised by the variety and number of groups as well as how much goes on in the town. Others echoed these views. DR asked specifically about the remit expanding into lobbying and campaigns. SK felt that the Council should be leading on these initiatives. DR felt that these campaigns were a joint effort – LL had started the mobile breast screening work and DR, and the group, had come in behind that work creating a powerful partnership. DR concluded by thanking members for their input and asked for ideas for speakers/topics for future meetings.	**All members**
7.	**Creative Conversations – Rebecca Seymour (RS) Celebrating Age Wiltshire/Age UK Wiltshire** RS opened by explaining the origins and role of Celebrating Age Wiltshire (CAW), a county-wide project delivering culture and heritage events and activity in community settings to support the wellbeing of older people. CAW is a partnership of cultural, heritage and community organisations comprising Age UK Wiltshire, Wiltshire Music Centre, Wiltshire Creative, Pound Arts, Wiltshire Council & Libraries, Community First, and the Wiltshire & Swindon History Centre. The project uses high-quality creative arts, heritage, and cultural activity as a vehicle to improve or maintain the health and wellbeing of older people, including those who are most socially isolated or vulnerable due to dementia, reduced mobility, ill health, or caring responsibilities. RS spoke passionately about the origins of Creative Conversations where, with professional facilitators, participants create songs, artwork, poems or write stories. Noting that few men seemed to attend these sessions open to both sexes, RS developed a men-only group based in Melksham which, after two years, has blossomed into a self-sustaining group, allowing men to learn something new or to return to a lapsed hobby or activity. https://www.wiltshiremusic.org.uk/project/creative-conversations/ RS described how Age UK Wiltshire now had funding to set up a similar group in Warminster (mixed sex); Westbury (men only); and Tisbury (mixed sex) in Spring 2026; followed by other groups later in the year. The first Warminster session (open to those aged 65 plus) is on Wednesday 15 April from 1045 to 1215, and RS hoped that the group would become an important contributor to combating social isolation and loneliness – as well as being great fun!	

	DR thanked RS for the drive end energy that she personally puts into this and her other projects. JH asked about transport to get to the sessions and Wiltshire Connect was suggested. DR asked about coverage on social media and, in another fine example of sharing across the group, LC kindly offered the potential use of the art facilities at Warminster School.	
8.	**Any Other Business and Member Updates** **Caroline LeQuesne (CLeQ) – Wiltshire Council** CLeQ advised that, if you are supporting an individual or household that is experiencing, or at risk of experiencing, financial hardship, they may be eligible for assistance through a Crisis Payment from Wiltshire Council's Crisis and Resilience Fund. This funding may also be accessed to support households affected by rising heating oil costs, where eligibility criteria are met. Application details are here https://www.wiltshire.gov.uk/article/16687/Crisis-and-Resilience-Fund Further information on local support available through the Crisis and Resilience Fund can be found in the link below which outlines how the scheme will operate locally as part of the wider national framework. https://www.wiltshire.gov.uk/news/wiltshire-council-strengthens-crisis-and-resilience-support-through-Government-fund **Chantelle Mead (CM) – Independent Living Centre** CM advised that the ILC in Semington has office space available to rent. Also, if anyone is unsure about the support they can provide through their OT assessments, they are happy to arrange tours of the centre or deliver talks to community groups. **Lucy Brown (LB) Wiltshire Sight** Wiltshire Sight offers a one-to-one appointment to support those living with sight loss. They can advise and support on all aspects of living with sight loss. This includes understanding your eye condition, trying equipment and finding the right resources, getting out and about, employments and benefits. Wiltshire Sight can also help family and carers and put you in touch with other organisations who can help you. If you know of anyone who could benefit from this support, please encourage them to get in touch either by phone on 01380 723682 or via our website: www.wiltshiresight.org. Monthly sessions run in Warminster Library on the 2nd Wednesday of the month - please call to arrange an appointment. **Jenny Crossley (JC) – National Energy Action** NEA is currently unable to issue "in house" fuel vouchers for pre-payment meter customers (PPMs), but they are hoping to have funding for this later in the financial year. NEA are able to access Fuel Bank Foundation fuel vouchers and Heat Bank Foundation funding for things like oil orders. If any organisation would like a regular drop-in session for energy advice, or talks, please let JC know. In addition, JC can arrange for trainers to come out and deliver talks to school classes or groups like scouts and guides – please let JC know if you want further information. jenny.crossley@nea.org.uk **Katrina Watson (KW) - Dorothy House** Dorothy House and the Community Engagement team have been working on an online Community map, enabling people to discover services, groups and events in the local community, which covers 800 square miles of the communities that Dorothy House works across. This is a working project, if anyone has anything that they would like to add to the map, please contact Katrina Watson. katrina.watson@dorothyhouse-hospice.org.uk	

Alan Goldsworthy (AG) – Independent
AG advised that the Wilts Unpaid Carers Forum is undergoing changes that hopefully he can inform on when the way forward with WCC commissioners and carers champions are agreed.

Lucy Steel (LS) - Community Catalysts
The Wiltshire Community Micro-enterprise project is gaining strong local momentum, with many health professionals considering how the micro-enterprises can help people by providing flexible, personalised support.

Melanie Grace (MG) – Scottish and Southern Electricity Network
MG alerted attendees to the grant opportunities from the SSEN 2026 Powering Communities to Net Zero fund with applications open until 21st May 2026. Groups do not have to be a registered charity to apply but must have a constitution and be set up on a not-for-profit basis.
https://www.ssen.co.uk/about-ssen/our-communities/powering-communities-to-net-zero-fund/

Rebecca Seymour (RS) Celebrating Age Wiltshire/Age UK Wiltshire
RS reminded attendees of the Age UK Fitness and Friendship Club sessions at the Civic Centre, their Wellbeing Checks with Meals, and the Carers Together cafes. Details are in the link: https://www.ageuk.org.uk/wiltshire/.
She added that daytime discos are coming soon to Warminster!
https://www.ageuk.org.uk/wiltshire/activities-and-events/daytime-discos2/

DG thanked all for attending and encouraged members to offer themselves as Trustees to help maintain the future viability of the group. DR invited all members to come along to the Health Fair on 16th May and make more contacts with the 40 plus exhibitors.

Date of next meeting: Wednesday 24th June 2026 1200 hours at Warminster School – additional parking available at Minster Church overflow unless told otherwise

WRITTEN UPDATES FOR 24 JUNE HWB FORUM

As these pre-meeting notes are now publicly visible on our website, some updates will be restricted to verbal updates at the Forum itself.

UPDATE ON FINANCES

DR has been active submitting funding requests from two sources – the Waitrose Community Matters (Green Token) Scheme and the Selwood Housing Stronger Community Fund. After due consideration, the HWB Trustees decide not to join the Wiltshire Community Lottery for several reasons.

MOBILE BREAST CANCER SCREENING IN WARMINSTER

A verbal update will be provided at the meeting by DR and LL.

UPDATE ON HEALTH FAIR AND BOOKLET 2026

DR thanks all the volunteers and exhibitors for again making this triennial event a significant success. Blessed with perfect weather - not too hot, not too cold and not too wet! - public footfall was up 10% on 2023 and the exit survey ratings maintained with 97% of public attendees surveyed saying that they found it useful or very useful; and 86% of public attendees surveyed saying they were likely or very likely to follow up with one or more exhibitors.

All exhibitors have been surveyed and we expect they results by the end of the month but anecdotal evidence on the day – and since – suggests that exhibitors too found it both enjoyable and worthwhile. DR will be producing a final report – along with lessons learned for next time – and will place this on the website in due course as well as send it to our funders.

Having printed 600 of the revised HWB booklets, more than 480 have already been distributed to individuals or placed at locations including the Civic Centre, the Information Point at the Athenaeum, the Garrison Welfare Office, Warminster Action Group, Warminster Leisure Centre and at other points in the town. Since 1,100 of the 2023 booklet were issued over the three years we will seek funding for a reprint in due course.

As you would expect from a competent accountant, DR advises that the cash cost of the combined project came in 3.5% under the budget. DR also thanks all of you who marketed the event on your own websites and in many other ways.

UPDATE ON THIRD PHARMACY

Having campaigned hard to achieve regulatory approval for the third pharmacy, we were pleased to see it open on 7th April, albeit still in its temporary portacabin form. Those who have switched have given hugely positive feedback and patient uptake has been steady to date.

UPDATE TO THE CONSTITUTION

At the May Trustee meeting, it was agreed to update the HWB Warminster Constitution after over three years of formal existence. Many of the amendments are cosmetic but we are required to inform members of the changes as shown below and we are happy to clarify these at the June Forum:

Amendments to Constitution agreed and ratified on 14 May 2026

Whole document – change of name to Health and Wellbeing Warminster, also called the Group

Whole document – the use of Forum limited to mean the quarterly members meeting

Part 2 – Aims – revised to mirror those on the HWB Warminster website

Part 5 – Clarification that a quorum can be achieved by an absentee Trustee who has notified the Secretary of their views prior to the Trustee meeting

Part 11 – Alterations to the Constitution – Revised to allow unanimous agreement from Trustees and for such changes to be communicated to members.

Signatures – Revised to reflect Trustee changes

CONSTITUTION OF: HEALTH AND WELLBEING WARMINSTER

ADOPTED ON: 8 MARCH 2023 with minor amendments ratified on 14 MAY 2026

1 Name

The name of the Group shall be: Health and Wellbeing Warminster

2 Aims

We focus on three main goals:

- Raising awareness of the wide range of health and wellbeing services available locally.
- Addressing inequalities and barriers that prevent people from accessing those services.
- Fostering collaboration and co-creation among local and national service providers to improve the quality and reach of support in our community.

3 Powers

In order to achieve its aims the Group may:

a. Raise funds

b. Open bank accounts

c. Take out insurance

d. Organise courses and events

e. Work with other Groups and exchange information

f. Do anything that is lawful which will help it to fulfil its aims – but see paragraph 7 below

4 Membership

(a) Membership of the Group shall be open to any person over 18 or any organisation living, located or operating in the area covered by the Warminster Area Board who is interested in helping the Group to achieve its aims, willing to abide by the rules of the Group.

(b) Membership shall be available to anyone without regard to gender, race, nationality, disability, sexual preference, religion or belief.

(c) Every individual and corporate member shall have one vote at General Meetings.

(e) Each member organisation shall appoint a corporate member to attend Group meetings and notify the Group's Secretary of that person's details

5 Trustees

(a) The Group shall be administered by a Trustee body comprising the Officers and not more than seven other members elected at the Group's Annual General Meeting (AGM).

(b) The Officers shall be: the Chairperson, the Treasurer and the Secretary.

(c) The Trustees shall meet at least four times a year.

(d) The Chairperson or, in their absence, another Trustee nominated by the Chairperson, shall Chair all meetings of the Trustees.

(e) The quorum for Trustee meetings shall be four members to include the Chairperson and/or Secretary. At the discretion of the Chairperson, this requirement can be met by absentee Trustees submitting their views to the Secretary prior to the meeting.

(f) Voting at Trustee meetings shall be by show of hands. If there is a tied vote then the Chairperson shall have a second vote. Voting can also be made using email providing at least two weeks' notice is given of the issue.

(g) The Trustees may by a two-thirds majority vote and for a good and proper reason remove any Trustee, provided that person has the right to be heard before a final decision is made.

(h) The Trustees may appoint another member of the Group as a Trustee to fill a vacancy provided the maximum number is not exceeded.

6 Duties of the Officers

(a) The duties of the Chairperson are to:

- chair meetings of the Trustees and the Group (the Forum)
- represent the Group at functions/meetings to which the Group has been invited
- act as spokesperson for the Group

(b) The duties of the Secretary are to:

- take and keep minutes of meetings
- prepare the agenda for meetings of the Trustees and the Forum in consultation with the Chairperson
- maintain a confidential database of members details in accordance with national data protection regulations
- deal with correspondence
- collect and circulate any relevant information within the Group

(c) The duties of the Treasurer are to:

- supervise the financial affairs of the Group
- keep proper accounts that show all monies collected and paid out by the Group

7 Ethos and expectations of members

The value of the Group derives from the engagement and interface between its members and from the sharing of information through developing ideas to collaborative working across traditional and organisational boundaries. To enable this:

(a) Members are encouraged to participate through attendance at meetings, or input via e mail or the Secretary.

(b) With the variety of interests represented, it is inevitable that there will be differing views and opinions that should be listed to and respected by all members.

(c) Group members are not permitted to negotiate, commit or make contractual arrangements on behalf of the Group without the prior formal and minuted agreement of the Trustees.

8 Finance

(a) Any money obtained by the Group shall be used only for the Group.

(b) Any bank accounts opened for the Group shall be in the name of the Group.

(c) Any bank transactions/cheques issued shall be authorised by at least two of three Officers.

(d) The Group purchases annual cover for Public Liability and event insurance and Volunteers' and Employers' liability insurance to cover its own volunteers while performing Group business.

(e) The personal liability of the Officers and of Trustees is limited to £1 per person.

9 Annual General Meeting

(a) The Group shall hold an Annual General Meeting (AGM) within two months of the end of February year-end.

(b) All members shall be given at least fourteen days' notice of the AGM. and shall be entitled to attend and vote either in person or via email. The quorum for an AGM shall be ten members.

(c) The business of the AGM. shall include:

(i) receiving a report from the Chairperson on the Group's activities over the year

(ii) receiving a report from the Treasurer on the finances of the Group.

(iii) electing and/or re-electing Trustees and Officers.

(iv) considering any other matter as may be decided.

10 Special General Meeting

A Special General Meeting may be called by the Trustees or by any Group members to discuss an urgent matter. The Secretary shall give all members fourteen days' notice of any Special General Meeting together with notice of the business to be discussed. All members shall be entitled to attend and vote.

11 Alterations to the Constitution

Any changes to this Constitution must be agreed unanimously by the Trustees and communicated to Group members.

12 Dissolution

The Group may be wound up at any time if agreed by two-thirds of those members present and voting at any General Meeting. In the event of winding up, any assets remaining after all debts have been paid shall be given to another Group with similar aims.

This constitution was adopted by membership vote on 8 March 2023. Minor amendments are summarised at Annex.

Signed by:

Chairperson: Deborah Gogarty Secretary/Treasurer: David Reeves

Other Trustees: Marion Barton; Ann Merrills; Tony Jackson (to February 2024); Jenny Crossley (from September 2025); Liz Lee (from April 2026)